

Issue No. 21

A publication of St. Peter's Evangelical Lutheran Church of Lancaster, PA

May 31, 2024

Summer Hours — With Sunday School on hiatus, our service times will be 8:00 and 9:30 a.m. through Labor Day. And beginning May 31, the church office will be closed on Fridays at 12 noon. Regular office hours will resume after Labor Day.

June is Alzheimer's & Brain Awareness Month

On June 20, the summer solstice, people around the world will fight the darkness of Alzheimer's.

Alzheimer's is a brain disease that causes problems with memory, thinking and behavior. It is the most common cause of dementia, a general term for memory loss & other cognitive abilities serious enough to interfere with daily life. Alzheimer's disease accounts for 60-80% of dementia cases. Symptoms eventually grow severe enough to interfere with daily tasks. It is not a normal part of aging. The greatest known risk factor is increasing age. The majority of patients are 65 & older. Younger-onset Alzheimer's can be referred to as early-onset Alzheimer's, & these patients can be in the early, middle, or late stage of the disease. Alzheimer's worsens over time; it is a progressive disease. In early stages, memory loss is mild, but in late-stage, individuals lose the ability to carry on a conversation & respond to their environment.

The most common early symptom of Alzheimer's is difficulty remembering newly learned information. Just like the rest of our bodies, our brains change as we age. Most of us eventually notice some slowed thinking & occasional problems remembering certain things. However, serious memory loss, confusion & other major changes in the way our minds work may be a sign that brain cells are failing. As the disease progresses, disorientation, mood/behavior changes; confusion about events (time & place) and unfounded suspicions about family/friends/professional caregivers, difficulty speaking, swallowing & walking are common. People may find it hard to recognize that they have a problem. Signs/symptoms may be more obvious to family members.

Alzheimer's has no cure, but there are drug treatments, often not covered by Medicare/Insurance. Other treatments can temporarily slow the worsening of symptoms & improve quality of life. There is a worldwide effort underway to find better ways to treatment the disease, delay its onset & prevent it from developing. If you feel like you're having serious memory problems, or someone you know is, please reach out to your healthcare provider, and discuss your concerns. Let's support the effort to prevent & cure Alzheimer's.

Youth & Families Summer Activities

Youth and Family is on summer vacation, but we still have a few activities coming up:

Volunteering at St. Paul Penryn Food Pantry (June 15, July 20 or August 17): The food pantry runs from 9 a.m.-noon, and first time volunteers will be asked to report at 8:30 a.m. on their volunteering day for a quick orientation. You can sign up to help using the QR code to the top-right.

Confirmation Camp at Camp Kirchenwald (June 16-21): Youth going into grades 6-9 for the 2024-25 school year and their friends are eligible to attend. If you are attending, please complete the registration paperwork online at the QR code on the bottom-right. Please note camp pick up time change - it is now Friday evening at 6:30 p.m. (not Saturday morning).

Volunteering at VBS (July 7-11): Sign up to help "Under the Sea" using the above sign-up genius link. Youth can help at stations, be group leaders and perform in the nightly puppet show.

ELCA Youth Gathering in New Orleans (July 16-20): St. Peter's youth and chaperones will be attending the youth gathering!

We will be back on the regular youth group schedule in September. Have a great summer!

Rev. Craig Ross, Senior Pastor • Sister Dottie Almoney, Director of Education & Outreach **Contact Information** 717.569.9211 stpeterslutheran.org • office@stpeterslutheran.org





Worship for June 2

Traditional Worship, Service of the Word & Communion 8:00 a.m.

Pastor Ross preaching Livestream at stpeterslutheran.org

Traditional Worship, Service of the Word

9:30 a.m. Pastor Ross preaching



Evangelical Lutheran Church 10 Delp Road Lancaster, PA 17601

Upcoming Worship Assistant and Volunteer Schedule

June 2

8:00 a.m. — Lector: Patti Courtois; Greeter: Benjamin DeLeonradis; Ushers: Mark & Angela Moshos; Welcome Center: Bob & Phyllis Hollinger; A/V: Tom Badorf; Communion Assistants: Bret Hoffmaster & Eric May; Altar Guild Coordinator: Debbie Shue; Altar Guild: Sharon Breeden.

9:30 a.m. — Lector: Jim Gotwald; Greeter: Mark Burkholder; Ushers: Dave & Lis Wolf; Welcome Center: Rich & Ann Larrick; A/V: Bob Preston.

Flower Delivery — Christine Smith & Ken Shirk.

June 9

8:00 a.m. — Lector: Steph Gerber; Greeter: Betsy Kemper; Ushers: Bob Courtois & Liz O'Brien; Welcome Center: Thomas Rothfus; A/V: Benjamin DeLeonardis.

9:30 a.m. — Lector: Judy Logan; Greeters: Dan & Karen Beck; Ushers: Adam & Rachel Shaffer family; Welcome Center: Ken Shirk; A/V: Dave Tilley; Communion Assistants: Debbie Stover & Thompson McConnell; Altar Guild Coordinator: Debbie Shue; Altar Guild: Dawn Troxell.

Flower Delivery — Liz O'Brien & Debbie Shue.

June 16

8:00 a.m. — Lector: Susan Ketchum; Greeters: Lloyd & Marty Bull; Ushers: Gene Olson & Don Wenrich; Welcome Center: Ron & Joan Beck; A/V: Mark Burkholder; Communion Assistants: Karen Peiffer & Jennifer Schlener-Thomas; **Altar Guild Coordinator:** Debbie Shue; **Altar Guild:** Melanie Burkholder.

9:30 a.m. — Lector: Jordan Lambert; Greeters: Scott & Sharon Breeden; Ushers: Alan & Beverly Swanson; Welcome Center: Clarence Simon; A/V: Bill Schlener.

Flower Delivery — Cheryl Oeschger & Kathy Burke.

June 23

8:00 a.m. — Lector: Eric May; Greeter: Travis & Susan Chaby; Ushers: Jo Boltz & Benjamin DeLeonardis; Welcome Center: Bob & Edee Bedford; A/V: Jordan Lambert.

9:30 a.m. — Lector: Becky Lutz;

Greeters: Dick & Loretta Chubb; Ushers: Jeff & Anneliese Owen; Welcome Center: Sherry Weller; A/V: Dave Tilley; Communion Assistants: Kathleen Bailey & Jane Musser; Altar Guild Coordinators: Debbie Shue; Altar Guild: Cheryl Oeschger.

Flower Delivery — Cathy Graver & Becky Lutz.

June 30

9:30 a.m. — Greeters: Vicki Legath; Ushers: Nancy Beauregard & Scott Glassford; Welcome Center: Dave & Lis Wolf; A/V: Bob Preston; Communion Assistants: Kevin & Weston Groff; Altar Guild Coordinators: Debbie Shue; Altar Guild: Debbie Shue.

Flower Delivery — Karen Feldt & Judy Wenrich.

Choir Festival Raises \$5,000 for MTAA

St. Peter's Choir festival participants and Tom Berdos, Director of Music at St. Peter's, presented a check for \$5,000 to Shawn Watrous, Chief of Operations and other members of the Manheim Township Ambulance Association. The money was raised through donations to a Choir Festival concert on May 19 that was part of St.



Peter's Lutheran Church Musical Arts series. Watrous stated, "We are beyond humbled and grateful to St. Peter's and all the attendees of the festival for being so generous." Manheim Township Ambulance Association, a nonprofit, will use the funds to replace much-needed life-saving equipment, including advanced and intermediate life support first-in bags and oxygen caddies.