



Mental Health Awareness Month



Mental Health Awareness Month has been observed in May in the United States since 1949, and was started by the Mental Health America organization.

Mental health is an incredibly important part of overall health. With a growing number of Americans experiencing mental health symptoms, we need to advocate for improving our national health care system.

We need more resources, (Psychiatrists, Psychologists, Counselors, and others), to help meet the needs of the American people. Furthermore, insurance companies should be required to cover mental health visits, medications, and on-going services.

Thankfully, Senator John Fetterman was brave enough, and set an example for everyone. Many appreciated his announcement of his clinical depression diagnosis. We learned how he sought treatment for as long as was necessary, and returned to work with any needed medication and lots of support.

The National Alliance on Mental Illness helps to fight stigma, provide support, educate the public, and advocate for policies that support people with mental illness and their families. Each year millions of Americans face the reality of living with a mental illness. During May, let's join the national movement to raise awareness about mental health, and the need to improve healthcare for those who experience mental health symptoms.

Quick Notes

COFFEE BAR NEWS — May 12 will be the last Sunday the Coffee Bar will be open as we will be taking our usual summer break. I want to thank everyone who hosted, baked or purchased treats for us all to enjoy this past year. Without these volunteers we would not be able to enjoy this simple fellowship opportunity. I am always looking for volunteers to serve at the coffee bar in any capacity, hosting, baking or donating treats, whatever fits your style. If you are interested or just want more information about helping at the coffee bar, please contact Donna Aho at 717-371-0310 or ademaho@comcast.net. Have a wonderful summer and our coffee bar hosts will see you again in September and I would be happy to add newcomers to our roster.

JOIN US FOR PASTOR ROSS' FINAL BIBLE STUDY — Join us on May 15 as Pastor Ross' Wednesday morning Bible Study concludes with a showing of the musical Jesus Christ Superstar at 9 a.m. in the Cafe. You are welcome to join us even if you didn't participate in Bible Study this year! Note the earlier time.

END OF YEAR CONGREGATIONAL BREAKFAST — We invite you to join us May 19, at 9:15 a.m. for an end of year continental breakfast for our Educational Ministries. We will honor our confirmation class, recognize our graduating seniors, promote our Kindergarteners and 4th graders, have our Bible presentation for our Pre-K, 2nd and 5th graders. Preschool and elementary kids will be singing, and a thank you all of our volunteers, Pre-K thru Adult.

SUMMER SCHEDULE BEGINS MAY 26— On May 26, our summer schedule begins! Sunday School goes on hiatus and our service times will be 8:00 and 9:30 a.m. through Labor Day. See you in church!

SUMMER CHURCH CAMP — Register now for Summer Camp at LutheranCamping.org for Camps Kirchenwald and Nawakwa. Summer camp runs June 16-August 9 with many options from a classic week of camp to high adventures! Take advantage of the "camp person" discount, early bird registration and multiple child discounts, as well as \$75 discount for church members. Forms and additional information are located on the bulletin board across from the office. Any questions, please contact Ashley Miller at 717-329-2397 or ashley@andymiller.net. See you at camp!

MARK YOUR CALENDARS FOR VBS! — Our 2024 VBS series, Under the Sea, will take place July 7-11 from 6:00-8:00 p.m. Watch for more information!

COME ONE COME ALL — "Just for Fun" Fellowship and Lunch will be Wednesday, May 22 at noon at Fiorentino's at the airport. A signup sheet is posted by the nursery. Any questions, please call Kathy Burke at 717-627-6869.

MONTHLY FOOD PANTRY VOLUNTEERING — Join us on May 18 at St. Paul Penry for our new monthly volunteering opportunity in support of the food pantry. First time volunteers are asked to report at 8:30 a.m. for a quick orientation. The food pantry runs from 9:00 a.m. - 12:00 p.m.

Worship for May 12

Traditional Worship, Service of the Word & Communion

8:00 a.m.

Pastor Hand preaching
Livestream at stpeterslutheran.org

Traditional Worship, Service of the Word & Communion

10:30 a.m.

Pastor Hand preaching

ST. PETER'S

EVANGELICAL LUTHERAN CHURCH

10 Delp Road
Lancaster, PA 17601

Upcoming Worship Participant Schedule

May 12

8:00 a.m. — **Lector:** Tom Berdos; **Greeter:** Gene Olson; **Ushers:** Eric May & Kyle Templeton; **Welcome Center:** Ron & Joan Beck; **A/V:** Jordan Lambert; **Communion Assistants:** Randy Shue & Ginny Stickler.

10:30 a.m. — **Lector:** Beth Glassford; **Greeter:** Thompson McConnell; **Ushers:** Ann Larrick & Cheryl Oeschger; **Welcome Center:** Dave & Lis Wolf; **A/V:** Jeffrey Pretz; **Communion Assistants:** Greg Hand & Janet Roberts; **Altar Guild Coordinator:** Lori Weaver; **Altar Guild:** Pam Preston
Coffee Bar — **Host:** Sharon Breeden; **Baking:** Joan Musser.

Flower Delivery — Cathy Graver & Becky Lutz.

May 19

8:00 a.m. — **Lector:** Diane Gegg; **Greeters:** Tom & Pat Badorf; **Ushers:** The Rotz family; **Welcome Center:** Bob & Edee Bedford; **Acolytes:** The Rotz family; **A/V:** Tom Chever; **Communion Assistants:** Diane Gegg & Ginny Stickler.

10:30 a.m. — **Lector:** Karen Feldt; **Greeters:** Craig & Lisa Rodenberger; **Ushers:** Dan & Karen Beck; **Welcome Center:** Mark & Darla Cardin; **A/V:** Dave Tilley; **Communion Assistants:** Gary & Dawn Troxell; **Altar Guild Coordinators:** Lori Weaver; **Altar Guild:** Lori Weaver.

Flower Delivery — Karen Feldt & Judy Wenrich.

MUSICAL ARTS Concert Series at St. Peter's Evangelical Lutheran Church presents...

ST. PETER'S CHOIR FESTIVAL

A community fundraiser to benefit the Manheim Township Ambulance Association

FEATURING

Jason C. Tramm

Guest conductor | MidAtlantic
Philharmonic Orchestra, Light
Opera of New Jersey

Tom & Deborah Berdos

Conductor and Organist | St.
Peter's Lutheran Church

Christyan Seay

Tenor | Harrisburg Opera
Association, Opera Lancaster,
Carnegie Hall

Gary Troxell

Clarinetist | Principal clarinetist,
Hershey Symphony Orchestra,
Allegro Chamber Orchestra

and the St. Peter's Community Chorus

Freewill offering to benefit the MTAA will be received

Sunday, May 19 at 4:00 p.m.

10 Delp Road, Lancaster, PA

For more information, call 717.569.9211