# The veekly Herald

PALM SUNDAY BREAKFAST AND EGG HUNT— Sunday, April 2nd - Come for our annual Palm Sunday Breakfast from 9-10 a.m. in the Family Life center - the Egg hunt will begin at 9:45 a.m. for children in PreK thru 4th Grade. Youth are asked to help hide the eggs. Breakfast will be a buffet style and include scrambled eggs, pancakes, sausage, hash brown, fruit and beverages. A free will offering will be taken to help offset the cost. Please consider joining us for this fun family event! All are welcome. There is no Sunday School on that day. Registration is required. Deadline to register is March 26.

SAGES MAUNDY THURSDAY SERVICE — Thursday, April 6 at 11 a.m. in the sanctuary. All of our Sages (those aged 80 or over) are invited to attend. Pastor Craig Ross will preach and Deborah Berdos will play the organ. Family and guests of Sages are welcomed as well. Lunch will be served in the Narthex following the service to allow time for fellowship.

MAUNDY THURSDAY SERVICE — Thursday, April 6 at 7 p.m. in the sanctuary.

**FAMILY FRIENDLY STATIONS OF THE CROSS** — Friday, April 7 at 11 a.m. - Families with children in PreK thru grade 6 will travel through the stations that include age appropriate activities and discussions - youth and their families in grades 7 and up will have their own video stations in room 100. (Adults are welcome to join them as well!) Lunch will follow the activity. This is a great way for all ages to understand Good Friday and Jesus' journey to the cross.

GOOD FRIDAY SERVICE— Will be held April, 7 at 7 p.m.

**EASTER VIGIL**— Will be held Saturday, April 8 at 6 p.m.

**EASTER SERVICES** — Sunday, April 9, Traditional Services will be held at 7:30, 9:00, and 10:45 a.m. and New Day praise service at 10:45 a.m. The 9:00 a.m. service will be our family service. There will be special organ and piano music at 7:30 a.m.; the 9:00 and 10:45 a.m. services also feature vocal and handbell choirs along with instrumentalists.

### Quick Highlights at St. Peter's

Vacant Position on Church Council — The Council is responsible for selecting a person to fill that vacancy, who serves in that position until the next annual meeting. If you are interested in serving in this position, please email Council President, Greg Hand (gregoryvhand@gmail.com) by noon on Monday, March 20, so Council can consider and vote to fill that position at its next regular meeting on Monday.

Concert at St. Peter's This Saturday — St. Peter's will host Allegro Orchestra on Saturday, March 18, at 7:30 pm. This is a ticketed event. Visit their website, allegrolancaster.org. Be sure to select the March 18 concert date. Members of St. Peter's receive a \$5 discount per ticket by entering code "STP" at checkout.

**Lenten Services** — Lenten Services continue to be held on Wednesdays in March (March 22 & 29). Both 7:00 a.m. and 7:00 p.m. will be held in the Chapel.

**Adult Sunday School** — On Sunday, we will meet at 9:15 am in the old Library to discuss what it means to be "Called to difficult Conversations" in the church. We will look at what it means theologically to be in dialogue with each other about tough topics. Next week (3/26) we will talk about what it means to be a "Brave Church" -how to navigate the deep waters of connection and belonging that begin with Conversation.

### Colorectal Cancer Awareness Month

All of March is National Colorectal Cancer Awareness Month. Why? In 2023, an estimated 153,020 people will be diagnosed with this highly preventable disease. They will join more than 1.4 million colorectal cancer patients and survivors living today.

Colorectal cancer, (or CRC), is a disease of the colon or rectum, (which are parts of the digestive system). Unlike most cancers colorectal can is often preventable with screening, and highly treatable when detected early! The median age for colorectal cancer is 66 (both sexes), but recently, the disease is increasingly affecting younger people, ages 45-50.

Colorectal cancer may develop without symptoms. The following are symptoms of colorectal cancer but can be symptoms of other digestive problems. \* A change in bowel habits \* Blood in or on your stool (bowel movement) \* Diarrhea, constipation, or the feeling that your bowels don't empty all the way. \* Abdominal pain, aches, or cramps that don't go away. \* Weight loss, and you don't know why.

Here are some statistics from 2007 – 2016: Rates for people > 65yrs old dropped 3.3% each year. However, rates for people <50yrs old increased 2.2% each year.

So, if you are 45 and older, ask your healthcare provider about the best screening test for you.

### Worship for March 19

Fourth Sunday in Lent

### Traditional Worship & Communion

8 a.m.

Preaching: Sister Dottie

### Traditional Worship 10:30 a.m.

Preaching: Sister Dottie

### New Day Worship & Communion 10:30 a.m.

Preaching: Pastor Ross



## Upcoming Worship Assistant & Volunteer Schedule

#### March 19

8:00 a.m. — Lector: Larry Wilcox; Greeters: Lloyd & Marty Bull; Ushers: Tom Rothfus & Kyle Templeton; Welcome Center: Mary Ann Oerholtzer; A/V: Jordan Lambert; Communion Assistants: Randy & Debbie Shue; Altar Guild Coordinator: Debbie Shue & Lori Weaver; Altar Guild: Phyllis Holllinger.

10:30 a.m. — Lector: John Ford; Greeters: Sharon & Scott Breeden; Ushers: Dan & Karen Beck; Welcome Center: Sandi Hirko; A/V: Bob Preston.

Coffee Bar — Mark & Donna Aho.

Rev. Craig Ross, Senior Pastor

Sister Dottie Almoney,
Director of Education & Outreach

#### **Contact Information**

717.569.9211

www.stpeterslutheran.org

office@stpeterslutheran.org

### **EASTER FLOWERS & MEMORIAL GIFTS**

Easter Flowers or a Memorial Gift may be given in honor or in memory of a loved one. Please fill out the form below and <u>return it to the church office by Monday, March 27</u>. A listing for Flowers and Benevolence Gifts will appear in the Easter Sunday bulletin.

### MEMORIAL GIFT TO ST. PETER'S BENEVOLENCE FUND

*			Envelope#_ emory or		
(Print nar	me(s) of those to b	e honored or in	memory of as you	ı desire printed ir	the bulletin)
Given by	y				
	EASTER FLO	<b>VERS (asso</b>	tment) all \$10 Envelope #_	.00 each	
(Print nar	me(s) of those to b	e honored or in	memory of as you	ı desire printed ir	n the bulletin)
Given by	/				
Please che	ck: I will	leave my plant pick up my plart leave my plant	to be delivered to  it.  to be placed on t	a homebound mo	ember.



(Flowers may be picked up after the 10:45 a.m. Service on Easter)

at St. Peter's Cemetery.

Please return this form and check payable to "St. Peter's Lutheran Church" no later than March 27.